

Conversations with Spirit Sample Mentorship Exercise

HUMAN EXPERIENCE AN EVOLUTION

OBSERVATIONS OF SPIRIT HAVING A HUMAN EXPERIENCE

As you expand into Your multidimensional nature, the human experience dissolves into an Earthly residence. As you expand into the Unknown, Observe the ways in which you experience and perceive the mechanisms listed below.

Record your Observations in your notebook.

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|---|---|---|
|  Relationships |  Work |  Pain |
|  Food |  Business |  Isolation |
|  Activities |  Emotion |  Loneliness |
|  Entertainment |  Finance |  Resistance |
|  Physical body |  Ego |  Procrastination |
|  Words |  Expectation |  Open Cycles |
|  Transparency |  Fear |  Sacred Discipline |
|  Power |  Anger |  Patience |

*For the complete details of the Conversations with Spirit Mentorship program,
visit <https://www.conversationswithspirit.com/mentorship/>*